

# ANAM CARA

Anam Cara housing-with-care provides accommodation, care and support for older people.

- 28 Flats for older people diagnosed with dementia
- 28 Flats for frail older people
- A Day Care Centre for frail older people in association with SeanChara Day Care Services.

Application forms for Anam Cara can be obtained from : -

The Scheme Manager, Mrs Martina Conroy in person or by Telephoning 01 8572362

Or

By contacting the Manager for Services for Older People  
Local Health Office  
Ballymun Civic Centre

Or

The Housing Allocations Office in Finglas  
For Dublin City Council



# ANAM CARA



# HOUSING-with-CARE

**St Canices Road  
Glasnevin  
Dublin 11**

## Philosophy of Care and Support

Our approach is to give residents the opportunity to enhance their quality of life.

In providing Housing-with-Care Services our core principles include: -

- Creating a warm supportive and homely atmosphere for each resident.
- Recognizing and responding to residents' needs on an individual basis.
- Promoting assisted independence and to encouraging residents to have a positive attitude.
- Encouraging group and social activities in order to create a sense of community.



**Anam Cara** is a partnership initiative between Housing Health and Care Providers and enables older people to have choice and independence. It recognises the fact that not every older person requires nursing care when they can no longer remain in their own homes. As such Housing-with-Care provides an effective alternative to traditional residential and/or nursing home provision.

**Anam Cara** is the second Housing-with-Care scheme to be developed by Fold Ireland in Dublin.

**Anam Cara** provides a specifically designed and purpose built living environment for older people particularly those diagnosed with dementia. It is an environment that optimises the older persons potential by assisting them to maintain their independence, offering dignity and privacy in doing so.

**Anam Cara** combines good quality housing with responsive, flexible house keeping and personal care services. Anam Cara incorporates Assistive technology within the building to assist the care planning process, ensuring that a person centred approach is taken to the delivery of the care and support services which will be provided by experienced care staff.

At Anam Cara, Fold Ireland is working in association with Health Service Executive, Dublin North Central and Dublin City Council.

Anam Cara, like Cherryfields Housing-with-Care in Blanchardstown has maximised the opportunities provided by multiple funding sources. This model is based on collaborative arrangements with Dublin City Council and HSE and a joint approach to the care of older people.



In addition to the Housing-with-Care accommodation, Day Care Services are provided in association with SeanChara Community Unit in a purpose built day care environment.



### Housing-with-Care Charges

Residents will be responsible for the cost of the accommodation and the housing services, such as window cleaning, heating, light and cleaning of the dwelling. This is known as the rental charge and is not payable by HSE.

Advice on eligibility for Social Welfare Payments in respect of housing costs can be obtained from the Social Welfare Office, HSE.

Where residents are accepted by Health Service Executive as eligible for funding to meet care costs, Health Service Executive will pay Fold Ireland directly.

Applicants who do not qualify for Health Service Executive Care Funding will pay all the costs of accommodation and care from their own resources.